

Министерство образования Республики Беларусь
Учреждение образования
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APPROVED
« 01 » February 2021 y.
Chairman
of the Admissions Committee
Rector of Yanka Kupala State
University of Grodno
I. Kiturka

THE LIST OF TOPICS OF EDUCATIONAL DISCIPLINES
for an additional interview with applicants
from among foreign citizens and stateless persons,
temporarily staying or temporarily residing in the Republic of Belarus,
for obtaining second stage of higher education in the specialty
**1-08 80 04 «Physical Culture and Sport» (profilisation «Pedagogical activity in
health-improving and adaptive physical culture»)**
(English language of tuition)

Name of the educational discipline	The list of topics of the educational discipline
Theory and methods of physical culture	<ol style="list-style-type: none">1. Physical culture as part of the culture of society.2. Historical prerequisites for the emergence of physical education.3. The system of physical culture in society.4. Physical culture of a person's personality.5. Types and varieties of physical culture.6. Physical exercises as a means of physical culture.7. Physical qualities of a person.8. Forms of physical training.9. Physical culture in the system of physical education of children and adolescents.10. Sport as a component of physical culture.